Do you know

 Grace Nguyen

Do you know

that there are children starving,

stomach growling furiously

gasping for just a crumb of bread?

Do you know

there are people without roofs

mourning for a place to call home

living outside the streets, lost?

Do you know

there are sick children

waiting for a cure

Yearning to be normal

wanting a different,

better life?

Did you know

you can help these children?

then how come you just glance

at their poor, cold, hard stares

and walk away,

knowing your actions can change their lives

Did you know

you can help these people

find a place to live,

somewhere to call it theirs?

then how come you shame them

for not having a job

when you don’t know who they are

or anything about their background.

Sometimes words

sometimes actions

can make a person smile.

Sometimes it will give them courage

to keep going

no matter the circumstance.

Go visit kids at a hospital,

make them laugh,

make them forget their troubles

help them to thrive.

Go to the homeless,

give them a dollar

give them two.

one small step can bring them hope.

Go buy a meal for the hungry

they would be dying

but you can save their lives.

If we keep doing this,

it will add up.

just being kind and considerate

can make such a big difference.

do you know

that you could do that.